

Aberdeen Mindspace - About Project

There are two key stages of the Mindspace project. One at nine months, and one at the end of the project after two years.

In the first nine months, the artists will be looking to identify six people from each of the organisations that could go on to form a core group, and this core group will be developed alongside other participants, with a view to providing them with the necessary skills to support the artist in leading workshops - and at the end of the two years to possibly lead projects themselves.

The artists will be working with individuals in a very very person-centred way. They will be expected to find out what interests the participants have as far as media is concerned - whether they have an interest in photography, drawing, video - and also they will have to find out what their personal interests are in life, and try and bring those two things together to really hook them into the project.

By developing their creative abilities, if they see themselves being successful in something they would never normally have tried, it makes it easier for them then to go ahead and try something that they *may* have considered before, but didn't have the confidence to do.