

Art Angel - About Project

The exemplar project has given people at Art Angel an excellent opportunity to work as artists. It grew from the fact that we had an artist in residence last year, which was funded by the Scottish Arts Council.

Two artists worked with a group who were really interested in taking their work further as artists, and make connections with mainstream arts organisations, with less of a focus on mental health.

The important thing about the process is that people have time to work through their ideas, to share their ideas, to communicate their ideas with each other, and the specialist arts worker that they work with. They're building a sense of identity as an artist, and feeling more fulfilled, and an impact on mental health and well-being.