

Creative Interventions - About Project

The ArtFull exemplar project is The Friday Art Group.

There was always individuals in those projects who felt very sad when the projects came to an end, and wanted to continue their practice. We wanted to provide something that was open access, where interested individuals from any of the previous projects or that were just brand new to it could come along and mix, and everybody would come together.

It's quite interesting, now having a more integrated group that we've had before, how the people have come along that aren't used to spending time with people with learning difficulties or people with mental health problems - there's quite a good mix. There's people that have experienced it in the past, but feel like they're through that episode, and there's people that will probably have to contend with these things forever.

They had a brilliant field trip the other day, and the whole group showed up and went to Edinburgh on the bus and went to see the show at the Deane Gallery.

Funnily enough, the Friday Art Group isn't a space where people tend to talk about their problems, and so, hey, that's great to have a break from your problem is pretty nice too.