

## **Project Ability - About Organisation**

Hi, I'm John, I work at Trongate Studios, in Project Ability.

We're based in the Merchant City in Glasgow. Primarily we provide artists with individual studio spaces for them to make work, and we also have a number of communal spaces in the studios.

We have a printmaking area, ceramics, stained glass, and a wood workshop. We have two members of staff that are here to support the artists, both trained artists.

The staff run workshops to introduce artists to new processes and new materials, and these workshops are generally conceived with the idea of exhibitions.

We very much view Trongate Studios as an arts project first, and a mental health project second. And I think because of that, the work that gets produced in the studios is of a very high and competitive standard - and just through the processes of making art, and engaging in workshops, and in the creative process, we find that a lot of artists gain in confidence, and have increased self esteem. A lot of the artists also gain a great deal of social interaction from coming to the studios.